

**INDIRA GANDHI NATIONAL OPEN UNIVERSITY  
REGIONAL CENTRE DELHI-2  
Learner Support Center : 2900  
Online Counselling Schedule- Google Meet Platform**

**Name of the LSC: RC DELHI-2**

**LSC Code : 2900**

**Programme: Post Graduate Diploma in Mental Health (PGDMH)**

**Admission Session- January 2024**

**Programme Structure**

**MPC 051: Fundamentals of Mental Health**

**MPC 052: Mental Disorders**

**MPC 053: Mental Health in Special Areas**

**MPC 054: Services for the Mentally Ill**

**MPCA 055: Internship**

**Link for Participation- <https://meet.google.com/hoq-npfq-cfw>**

| <b>Date</b> | <b>Time</b>   | <b>Course</b>  | <b>Block/Unit</b>   | <b>Expert</b>                    |
|-------------|---------------|----------------|---|----------------------------------|
| 06/07/2024  | 6.00 -8.00 PM | <b>MPC 051</b> | Block 1: Concept of mind<br>Page   1  | Prof. Sandeep Kumar BHU          |
| 07/07/2024  | 6.00 -8.00 PM | MPC 051        | Block 2: Schools of Psychology<br>Unit 1: Behavioural Theories<br>Unit 2: Biological theories | Prof. Urmila Srivastava -<br>BHU |
| 08/07/2024  | 6.00 -8.00 PM | MPC 051        | Block 2: Schools of Psychology<br>Unit 3: Humanistic and Existential Psychology               | Prof. Urmila Srivastava -<br>BHU |
| 09/07/2024  | 6.00 -8.00 PM | MPC 051        | Block 2: Schools of Psychology<br><br>Unit 4: Psychoanalytical and Related theories           | Prof. Urmila Srivastava<br>BHU   |

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|-------------------|---------------------|--|---|---|
| 10/07/2024        | 6.00 -8.00 PM       | MPC 051  | Block 3: Normality and Abnormality<br>Unit 1: Historical perspectives of mental health<br>Unit 2: Definition of Normality and abnormality         | Dr. Krishan K Sony –<br>PGIMER Chandigarh |
| 11/07/2024        | 6.00 -8.00 PM       | MPC 051  | Block 3: Normality and Abnormality<br>Unit 3: Conative functions: Normal and pathological<br>Unit 4: Cognitive functions: Normal and pathological | Dr. Krishan K Sony –<br>PGIMER Chandigarh |
| 14/07/2024        | 6.00 -8.00 PM       | MPC 051  | Block 4: Family, Culture and Mental Health<br>Unit 1: Developmental theories  | Prof. Sandeep Kumar BHU                   |
| 15/07/2024        | 6.00 -8.00 PM       | MPC 051  | Block 4: Family, Culture and Mental Health<br>Unit 2: Family and mental health  | Prof. Sandeep Kumar BHU                   |
| 16/07/2024        | 6.00 -8.00 PM       | MPC 051  | Block 4: Family, Culture and Mental Health<br>Unit 3: Sociology of mental health<br>Unit-4: Culture and metal health                              | Prof. Sandeep Kumar BHU                   |
| <b>16/07/2024</b> | <b>8.00 -8.30PM</b> | <b>MPCA 055: Internship &amp; Interaction with Programme Coordinator (PGDMH)</b> |   | <b>Prof. Swati Patra, SOSS, IGNOU</b>     |
| 17/07/2024        | 6.00 -8.00 PM       | <b>MPC 052</b>   | Block 1: Classification of Mental Disorders<br>Unit 1: Classification<br>Unit 4: Neurotic disorders   | Prof. Gaurishanker Kaloiya, AIIMS         |
| 18/07/2024        | 6.00 -8.00 PM       | MPC 052  | Block 1: Classification of Mental Disorders<br>Unit 2: Schizophrenia  | Prof. Gaurishanker Kaloiya, AIIMS         |
| 19/07/2024        | 6.00 -8.00 PM       | MPC 052  | Block 1: Classification of Mental Disorders<br>Unit 3: Mood disorders<br>Unit 5 :Other disorders  | Prof. Gaurishanker Kaloiya, AIIMS         |
| 20/07/2024        | 6.00 -8.00 PM       | MPC 052  | Block 2: Epidemiology and Prevalence of Mental Disorders  | Prof. Gaurishanker Kaloiya, AIIMS         |
| 21/07/2024        | 6.00 -8.00 PM       | MPC 052  | Block 2: Epidemiology and Prevalence of Mental Disorders  | Prof. Gaurishanker Kaloiya, AIIMS         |
| 22/07/2024        | 6.00 -8.00 PM       | MPC 052  | Block 3: Clinical manifestations Course and Outcome of Mental Disorders   | Dr Pooja Sharma Nath                      |

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|-------------------|---------------------|--|---|---|
| 23/07/2024        | 6.00 -8.00 PM       | MPC 052  | Block 3: Clinical manifestations Course and Outcome of Mental Disorders   | Dr Pooja Sharma Nath                      |
| 24/07/2024        | 6.00 -8.00 PM       | MPC 052  | Block 4: Identification and Assessment of Mental Disorders  | Dr Pooja Sharma Nath                      |
| 25/07/2024        | 6.00 -8.00 PM       | MPC 052  | Block 4: Identification and Assessment of Mental Disorders  | Dr Pooja Sharma Nath                      |
| <b>25/07/2024</b> | <b>8.00 -8.30PM</b> | <b>MPCA 055: Internship &amp; Interaction with Programme Coordinator (PGDMH)</b> |   | <b>Prof. Swati Patra, SOSS, IGNOU</b>     |
| 26/07/2024        | 6.00 -8.00 PM       | MPC 053  | Block 1: Mental Health in Special Population<br>Unit 1: Child and adolescent mental health  | Dr. Krishan K Sony –<br>PGIMER Chandigarh |
| 27/07/2024        | 6.00 -8.00 PM       | MPC 053  | Block 1: Mental Health in Special Population<br>Unit 2: Old age and mental health   | Dr. Krishan K Sony –<br>PGIMER Chandigarh |
| 28/07/2024        | 6.00 -8.00 PM       | MPC 053  | Block 1: Mental Health in Special Population<br>Unit 3: Women and mental health<br>Unit 4: Marriage and mental health                     | Dr. Krishan K Sony –<br>PGIMER Chandigarh |
| 29/07/2023        | 6.00 -8.00 PM       | MPC 053  | Block 2: Specific Issues on Mental Health<br>Unit 1: Deliberate self-harm and suicide<br>Unit 2: Problems related to school               | Dr. Krishan K Sony –<br>PGIMER Chandigarh |
| 30/07/2024        | 6.00 -8.00 PM       | MPC 053  | Block 2: Specific Issues on Mental Health<br>Unit 3: Problems related to sex<br>Unit 4: Problems related to work area                     | Dr. Krishan K Sony –<br>PGIMER Chandigarh |
| 31/07/2024        | 6.00 -8.00 PM       | MPC 053  | Block 3: Developmental Disorders<br>Unit 1: Mental Retardation<br>Unit 2: Specific learning disabilities                                  | Dr. Sunita Devi, NIEPID,<br>Hyderabad     |
| 01/08/2024        | 6.00 -8.00 PM       | MPC 053  | Block 3: Developmental Disorders<br>Unit 3: Other learning disabilities<br>Unit 4: Assessment and certification<br>Unit 5: Rehabilitation | Dr. Sunita Devi, NIEPID,<br>Hyderabad     |
| 02/08/2024        | 6.00 -8.00 PM       | MPC 053  | Block 4: Addictions   | Prof. Gaurishanker<br>Kaloiya. AIIMS      |

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|-------------------|---------------------|--|---|---------------------------------------|
| 03/08/2024        | 6.00 -8.00 PM       | MPC 053  | Block 4: Addictions   | Prof. Gaurishanker Kaloiya, AIIMS     |
| <b>03/08/2024</b> | <b>8.00 -8.30PM</b> | <b>MPCA 055: Internship &amp; Interaction with Programme Coordinator (PGDMH)</b> |   | <b>Prof. Swati Patra, SOSS, IGNOU</b> |
| 04/08/2024        | 6.00 -8.00 PM       | MPC 054  | Block 1. Rights and laws related to mental illness  | Prof Urmila Srivastava - BHU          |
| 05/08/2024        | 6.00 -8.00 PM       | MPC 054  | Block 1. Rights and laws related to mental illness  | Prof Urmila Srivastava - BHU          |
| 06/08/2024        | 6.00 -8.00 PM       | MPC 054  | Block 2: Mental Health Services   | Dr. Sunita Devi, NIEPID, Hyderabad    |
| 07/08/2024        | 6.00 -8.00 PM       | MPC 054  | Block 2: Mental Health Services   | Dr. Sunita Devi, NIEPID, Hyderabad    |
| 08/08/2024        | 6.00 -8.00 PM       | MPC 054  | Block 3: Psychological Therapies<br>Unit 1: Counselling and guidance<br>Unit 2: Psychotherapy | Dr Pooja Sharma Nath                  |
| 09/08/2024        | 6.00 -8.00 PM       | MPC 054  | Block 3: Psychological Therapies<br>Unit 3: Cognitive therapies                               | Dr Pooja Sharma Nath                  |
| 10/08/2024        | 6.00 -8.00 PM       | MPC 054  | Block 3: Psychological Therapies<br>Unit 4: Anger and stress management, Crisis intervention  | Dr Pooja Sharma Nath                  |
| 11/08/2024        | 6.00 -8.00 PM       | MPC 054  | Block 4: Future Direction   | Dr. Sunit Devi, NIEPID, Hyderabad     |
| 12/08/2024        | 6.00 -8.00 PM       | MPC 054  | Block 4: Future Direction   | Dr. Sunita Devi, NIEPID, Hyderabad    |
| 12/08/2024        | <b>8.00 -8.30PM</b> | <b>MPCA 055: Internship &amp; Interaction with Programme Coordinator (PGDMH)</b> |   | <b>Prof. Swati Patra, SOSS, IGNOU</b> |

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